Coverage Period: 07/01/2020 – 06/30/2021
Coverage for: Individual/Family | Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact HealthEZ at 1-844-449-5545. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.dol.gov/ebsa/pdf/sbcuniformglossary.pdf</u> or call 1-844-449-5545 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$2,600 individual/ \$5,200 family for in-network providers. \$5,200 individual/ \$10,400 family for out-of-network providers.	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. The <u>deductible</u> is <b>Non-Embedded</b> . If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay. <u>Deductible</u> year runs 01/01 to 12/31.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$2,600 individual/ \$5,200 family for in-network providers. \$5,200 individual/ \$10,400 family for out-of-network providers.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. The <u>out-of-pocket</u> limit is <b>Embedded</b> . If you have other family members in this plan, they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges, and health care this plan does not cover.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.AMTBenefits.com">www.AMTBenefits.com</a> or call 1-844-449-5545 for a list of <a href="in-network">in-network</a> providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	0% Coinsurance	0% Coinsurance	None	
If you visit a health	Specialist visit	0% <u>Coinsurance</u>	0% <u>Coinsurance</u> Chiropractic: Not Covered	Chiropractic Services: 24 visit limit per year.	
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	0% <u>Coinsurance</u>	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	0% <u>Coinsurance</u>	0% <u>Coinsurance</u>	None	
	Imaging (CT/PET scans, MRIs)	0% Coinsurance	0% Coinsurance	None	
If you need drugs to	Generic drugs	Retail & Mail Order: 0% Coinsurance  Retail & Mail Order: 0% Coinsurance  Retail & Mail Order: 0% Coinsurance  Retail & Mail Order: 0% Coinsurance		Retail and mail order available up to 90-day supply	
treat your illness or condition	Preferred brand drugs			Retail and mail order available up to 90-day supply	
More information about prescription drug	Non-preferred brand drugs			Retail and mail order available up to 90-day supply	
coverage is available at www.AMTBenefits.com	Specialty drugs			Retail and mail order available up to 30-day supply	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	0% <u>Coinsurance</u>	0% <u>Coinsurance</u>	Preauthorization required for procedures performed outside of a physician's office.	
surgery	Physician/Surgeon Fees	0% Coinsurance	0% <u>Coinsurance</u>	performed outside of a physician's office.	
	Emergency room care	0% Coinsurance	0% <u>Coinsurance</u>	None	
If you need immediate medical attention	Emergency medical transportation	0% <u>Coinsurance</u>	0% Coinsurance	None	
	<u>Urgent care</u>	0% Coinsurance	0% Coinsurance	None	
If you have a hospital	Facility fee (e.g., hospital room)	0% Coinsurance	0% Coinsurance	Preauthorization required	
stay	Physician/surgeon fees	0% Coinsurance	0% Coinsurance	None	

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="www.AMTBenefits.com">www.AMTBenefits.com</a>

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you need mental health, behavioral	Outpatient services	0% Coinsurance	0% Coinsurance	None	
health, or substance abuse services	Inpatient services	0% Coinsurance	0% Coinsurance	Preauthorization required	
	Office visits	No Charge	0% Coinsurance	Cost sharing does not apply to certain	
If you are pregnant	Childbirth/delivery professional services	0% <u>Coinsurance</u>	0% Coinsurance	<u>preventive services</u> . Depending on the type of services, <u>coinsurance</u> may apply. Maternity	
	Childbirth/delivery facility services	0% Coinsurance	0% Coinsurance	care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Home health care	0% Coinsurance	0% Coinsurance	<u>Preauthorization</u> required. 60 visit limit per year.	
	Rehabilitation services	0% Coinsurance	0% Coinsurance		
If you need help recovering or have other special health	Habilitation services	0% <u>Coinsurance</u>	0% <u>Coinsurance</u>	Preauthorization required for occupational or speech therapy.  Preauthorization required for physical therapy visits in excess of annual limit.	
needs	Skilled nursing care	0% <u>Coinsurance</u>	0% Coinsurance	<u>Preauthorization</u> required 60-day limit per year.	
	Durable medical equipment	0% Coinsurance	0% Coinsurance	None	
	Hospice services	0% <u>Coinsurance</u>	0% <u>Coinsurance</u>	None	
If your child needs	Children's eye exam	No Charge	0% Coinsurance	Limit of 1 routine exam per year.	
dental or eye care	Children's glasses	Not Covered	Not Covered	None	
dental of eye cale	Children's dental check-up	Not Covered	Not Covered	None	

## **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Cosmetic surgery

Weight loss programs

• Hearing Aids

Bariatric Surgery

• Long-term care

• Non-emergency care when traveling outside the U.S.

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Infertility Treatment (correction of physiological abnormalities)
- Routine Eye Care (one visit/yr covered at no cost for children under the age of 19)
- Emergency care when traveling outside the U.S.
- Chiropractic Care

• Private Duty Nursing (inpatient only)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. For more information on your rights to continue coverage, contact the <u>plan</u> at 1-844-449-5545. You may also contact the <u>Department</u> of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>, your state insurance department, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: HealthEZ at 1-844-449-5545 or the Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa/healthreform</u>.

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 1-844-449-5545

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-844-449-5545

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-844-449-5545

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-844-449-5545

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="www.AMTBenefits.com">www.AMTBenefits.com</a>

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,60
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	0%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Evennela Coat

Total Example Cost	\$12,040
In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$2,600
Conayments	0.2

Cost Sharing		
Deductibles	\$2,600	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$2,660	

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,60
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	0%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)

Prescription drugs

**Total Example Cost** 

¢42.040

Durable medical equipment (glucose meter)

In this example, Joe would pay:			
Cost Sharing			
Deductibles	\$2,600		
Copayments	\$0		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$60		
The total Joe would pay is	\$2,660		

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,600
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
■ Other <u>coinsurance</u>	0%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$7,460

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$1,410

## In this example, Mia would pay:

in the example, in a would pay:		
Cost Sharing		
Deductibles	\$1,370	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,370	