

Benefits Overview

Advanced Manufacturing
Technology

Welcome back!

We're here to make your life easier.

HealthEZ is an independent third-party administrator (TPA), which means we manage your employer's health benefits and process your medical claims. We work with your employer to design a custom benefits plan for your organization and we're ready to help you access the services you need. We've been providing our knowledgeable and service-oriented approach for 40 years.

Direct access to member support

Dedicated phone number

Advanced Manufacturing Technology has a dedicated phone number at 844-449-5545 that is answered by a real person between 7 a.m. and 7 p.m. CST. Outside of the hours listed, simply press "3" to reach our 24/7 help line.

24/7 helpline

You have 24/7 access to our team of experienced doctors and nurses. Have a health-related concern or need help finding the right doctor? Give us a call at 844-449-5545. We are here to help you.

Dedicated benefits website

You can use Advanced Manufacturing Technology's dedicated benefits website at AMTbenefits.com to learn about and manage your health plan. View your benefits, review pharmacy information, search to find a doctor and more.

You can set up a myHealthEZ account to access monthly statements, account balances, recently processed bills and HealthEZ's online payment system, EZpay.

Manage your health benefits without all the headaches.

Download the free myHealthEZ app to view your benefits, manage and pay bills, get 24/7 support, locate care providers near you, and access your digital insurance card—right from your phone.



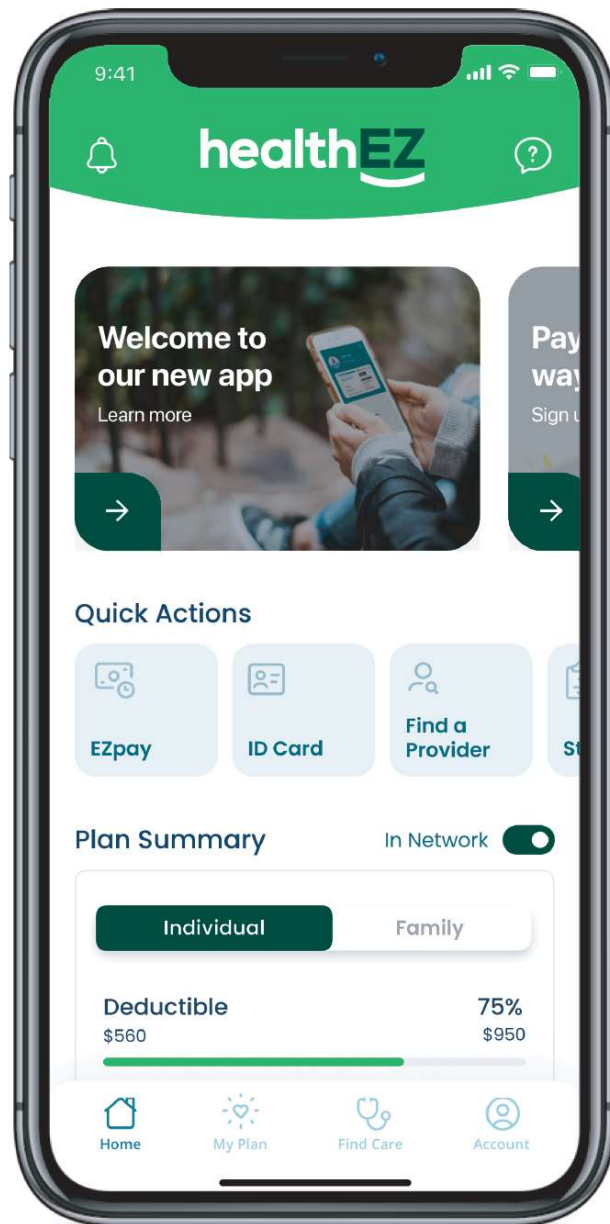
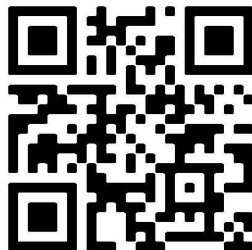
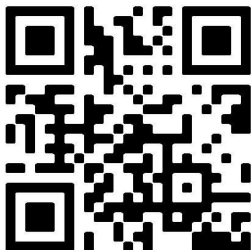
Tap. Pay. Done.

Pay bills, schedule automated payments, and view past statements in one simple, secure location.



24/7 help and support

Find answers faster with access to support materials, or by connecting with a member support representative.

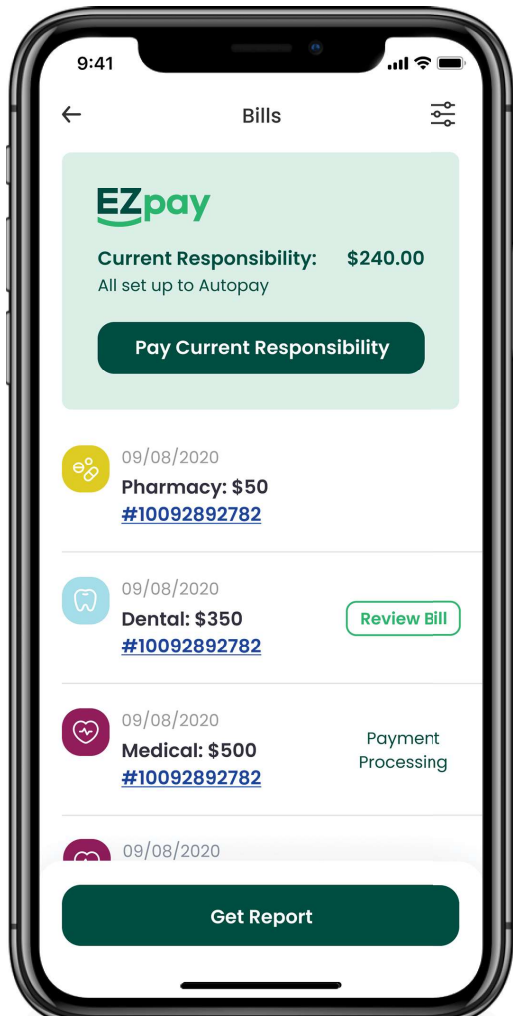


myHealthEZ Account

With or without the myHealthEZ app, you can manage your HealthEZ benefits on your preferred web browser as well. Visit myHealthEZ.com or AMTbenefits.com and click "Login."

If you have not registered an account with HealthEZ yet, enter in your credentials, choose a password, and click "Activate Your Account".

Dependents over the age of 19 can create their own myHealthEZ account to manage their plan and request a replacement ID card or download their ID card directly to their own devices.



Seamless online payments

EZpay is HealthEZ's online payment system that allows you to easily and quickly pay your portion of medical bills with your payment of choice, including credit and debit cards, and HSA accounts.

After you set up EZpay, every time we process a bill of yours, we will send you an email asking you to approve the payment for the amount due.

EZpay will pay the bill by default if you do not respond to the email in:

- 2 business days for bills under \$250
- 5 business days for bills over \$250

EZpay will combine your payment with payment from your health insurance so that we pay your healthcare provider in full.

One simple statement

We consolidate all of your monthly healthcare expenses into one simple statement. This statement eliminates confusion and provides information about year-to-date deductible and out-of-pocket maximums, and itemized transactions during the current billing period.





Medical ID cards

If you are new to the HealthEZ plan, keep an eye out for your medical ID card. Once you receive that, you can setup your myHealthEZ account.

If you are a current HealthEZ member, please note that you will be receiving a new medical ID card after open enrollment has closed.

If you need a replacement card, log into to your myHealthEZ account and request a new card be printed and mailed, or download a digital copy directly to your device!

Dependents over the age of 19 can create their own myHealthEZ account to manage their plan and request a replacement ID card or download their ID card directly to their own devices.



Your medical network is Wise Provider Networks.



What is a medical network?

Your medical network is a group of healthcare providers. It includes doctors, specialists, hospitals, surgical centers and other facilities. These healthcare providers offer services at a lower rate than out-of-network providers, which you will see reflected on your statements as a discount.

What if I go outside of my medical network?

There may be times when you decide to visit a doctor or clinic that is out-of-network. The costs for these visits and services will always be higher than seeing doctors that are in-network. You will be responsible for paying the difference between the provider's full charge and the amount your health insurance plan pays. This is called balance billing.

How do I know if my provider is in-network?

Please visit AMTbenefits.com, and click "Find a Doctor."



Your Pharmacy Benefit Manager is EHiM.



What is a Pharmacy Benefit Manager?

Pharmacy Benefit Managers (PBMs) reduce prescription drug costs and improve convenience and safety for consumers. Your PBM administers your prescription drug *plan and offers a network* of pharmacies that offer more affordable medications.

What is mail order?

If you take maintenance medications for long-term conditions like arthritis, asthma, diabetes, high blood pressure or high cholesterol you could save money with EHiM's mail order service, Alliance Rx Walgreens Prime. Visit [AMTbenefits.com](https://www.amtbenefits.com) for more information on how to get started and to download the Alliance Rx Walgreens Prime mail order forms.

What are Generic drugs?

Generic drugs are copies of brand-name drugs and are the same as those brand-name drugs in dosage form, safety, strength, route of administration, quality, performance characteristics and intended use. Although generic drugs are chemically identical to their branded counterparts, they are typically sold at substantial discounts from the branded price.

To find out if there is a generic equivalent for your brand-name drug, talk to your doctor or visit [EHiMRx.com](https://www.EHiMRx.com).



Maternity support

Our Boost Your Baby program matches moms-to-be with a Mommy Mentor to support a healthy pregnancy. It's a non-clinical support system for future moms to use throughout their pregnancy. We promise to: provide good and honest information, be supportive when you need us, make life easy and simple (at least the parts we can), and respect mom & dad's wishes.

Benefits of program include monthly support from a mommy mentor, free breast pump and gifts, nurses available 24/7 for any medical advice or high risk care, and miscarriage support.

Visit boostyourbaby.com, or call 800-808-4848 to learn more.

Care management

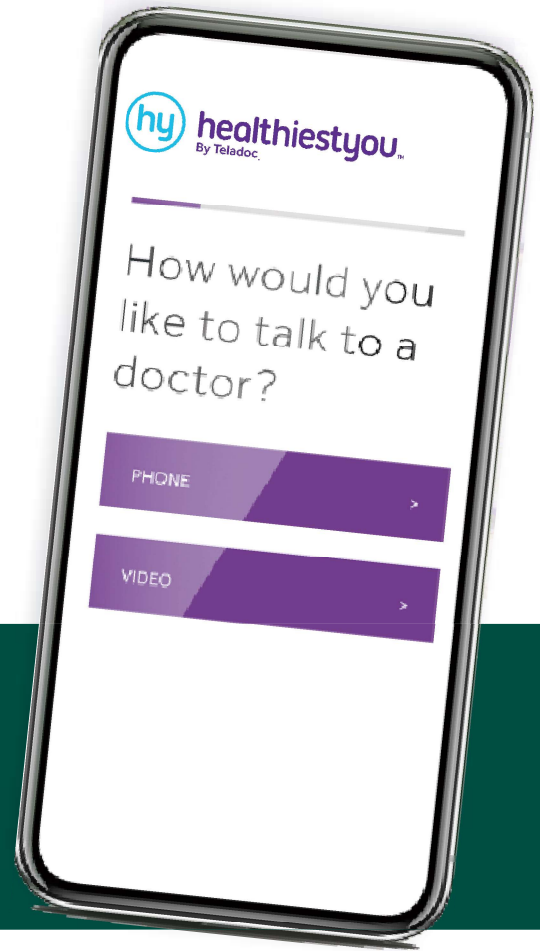
If you need a medical service like a surgery or hospital stay or your doctor diagnoses you with a complex medical condition, a HealthEZ nurse may contact you. The nurse will help you understand your treatment options, coordinate services among your doctors and ensure you have everything you need for a quick recovery and are receiving the right care in the right setting.

We provide tips to members living with chronic health conditions, like diabetes, hypertension and high cholesterol. We can also provide these members with referrals to healthcare providers. Our team of doctors and nurses believe that the key to lasting change is partnering with you to offer realistic advice and support.



You've got HealthiestYou virtual health!

All members have access to virtual health appointments with a licensed physician through HealthiestYou telemedicine services. This benefit can save you a trip to the clinic. There's no need for waiting rooms or travel or taking time off from work. Simply use your computer or smartphone to connect with a doctor.



Visit [HealthiestYou.com](https://www.healthiestyou.com) or call 866-703-1259 to contact a doctor.

Talk to a doctor anytime, anywhere.

General consultations

General consultations are unlimited, and doctors are available every day and at all times (24/7/365). Doctors can consult, diagnose and prescribe medications for things like:

- Allergies
- Upper respiratory infections
- Earaches
- Pink eye
- Urinary tract infections

Mental health services

With HealthiestYou's mental health services, you can talk to a therapist from the privacy of your home or anywhere you feel comfortable. Simply pick a therapist to speak to and choose a time that is convenient for you.

HealthiestYou therapists can treat:

- Anxiety
- Depression
- Stress/PTSD
- Panic disorder
- Family & marriage issues

Dermatology care

If you're having problems with your skin, HealthiestYou Dermatology can help. Instead of waiting weeks to get an appointment at a dermatology clinic, you can get a diagnosis and treatment plan in as quick as two business days.

HealthiestYou's dermatologists treat a wide variety of skin conditions, including:

- Psoriasis
- Acne
- Moles
- Rosacea



Your dental network is Dentemax. All family members on your plan can choose his or her own dentist, even if they are at different office locations. To find a Dentemax provider, visit Dentemax.com or call customer service at 800-752-1547.

Summary of Dental Benefits		
Dental Plan		
	In-Network	Out-of-Network
Calendar Year Deductible		
Employee only		\$50
Family		\$150
Annual Maximum		\$1,500 per member
Orthodontic Lifetime Maximum		\$2,000
Preventive Care		
Flouride Treatment		
Oral Exams		
Palliative Emergency Treatment		
Prophlaxis		
Sealants		
Space Maintainers		
X-Rays - Bitewings, Periapicals, Full Mouth & Panoramic	100% Covered	20%*
Basic Services		
Anesthesia or Sedation		
Endodontics		
Filings - Composite or Amalgam		
Nitrous Oxide or other Analgesia Inhalant		
Occlusal Adjustment		
Oral Exam/Consultation (Problem Focused)	20%*	30%*
Oral Surgery Including Extractions		
Periodontics, Perio Maintenance, Scaling and Planing		
Root Canal Therapy		
Tissue Conditioning		
X-Ray - Diagnostic		
Major Services		
Crowns, Inlays and Onlays		
Dentures - Removable or Replacement, Complete and Partials		
Fixed Bridges		
Implants		
Mouth Gaurds		
Recementing of Crowns, Inlays, Onlays and Bridges	50%*	50%*
Relining or Rebasing of Partials or Dentures		
Repair to Existing Dentures, Crowns or Bridges		
Veneers		
Orthodontic Services		
Diagnose or correct misalignment of the teeth or bite	50%*	50%*

Note: Please refer to your Summary Plan Description for actual coverage, limitation, and exclusion provisions.

* After deductible

Summary of Medical Benefits

HDHP Plan 1

	In-Network	Out-of-Network
Calendar Year Deductible		
Employee only	\$2,600	\$5,200
Family	\$5,200	\$10,400
Coinsurance	0%	0%
Out-of-Pocket Maximum		
Employee only	\$2,600	\$5,200
Family	\$5,200	\$10,400
Preventive Care		
Wellness Care	100% Covered	0%*
Colonoscopy	100% Covered	0%*
Office Visits		
Primary Services	0%*	0%*
Specialist Services	0%*	0%*
Chiropractic Services	0%*	0%*
Urgent Care Services	0%*	0%*
Hospital Services	0%*	0%*
Emergency Services	0%*	0%*
Vision Services[^]	100% Covered 100% Covered up to \$150 (per pair) 100% Covered up to \$150 Not Covered	
HealthiestYou Services		
General Consultations	\$55 Copay applies until deductible is met, then 100% covered	
Dermatology	\$75 Copay applies until deductible is met, then 100% covered	
Mental Health - Therapist	\$85 Copay applies until deductible is met, then 100% covered	
Mental Health - Psychiatrist, initial evaluation	\$200 Copay applies until deductible is met, then 100% covered	
Mental Health - Psychiatrist, ongoing session	\$95 Copay applies until deductible is met, then 100% covered	
Mental Health/Chemical Dependency	0%*	0%*

Summary of Pharmacy Benefits

	Retail 30 Day Supply	Mail Order 90 Day Supply
Prescription Drug Coverage		
Generic	0%*	0%*
Preferred brand	0%*	0%*
Non-preferred brand	0%*	0%*
Specialty	0%*	Not available

Note: Please refer to your Summary Plan Description for actual coverage, limitation, and exclusion provisions.

* After deductible

[^] Vision benefit per plan year includes \$150 for lens and an additional \$150 for contacts if you need both services.

Summary of Medical Benefits

HDHP Plan 2

	In-Network	Out-of-Network
Calendar Year Deductible Employee only Family	\$1,500 \$3,000	\$5,200 \$10,400
Coinsurance	0%	0%
Out-of-Pocket Maximum Employee only Family	\$1,500 \$3,000	\$5,200 \$10,400
Preventive Care Wellness Care Colonoscopy	100% Covered 100% Covered	0%* 0%*
Office Visits Primary Services Specialist Services Chiropractic Services Urgent Care Services	0%* 0%* 0%* 0%*	0%* 0%* 0%* 0%*
Hospital Services	0%*	0%*
Emergency Services	0%*	0%*
Vision Services[^] Exam Contact Lenses Frames (Single, Bifocal, Trifocal, Polycarbonate, Prescription sunglasses) Lasik Surgery	100% Covered 100% Covered up to \$150 (per pair) 100% Covered up to \$150 Not Covered	
HealthiestYou Services General Consultations Dermatology Mental Health – Therapist Mental Health – Psychiatrist, initial evaluation Mental Health – Psychiatrist, ongoing session	\$55 Copay applies until deductible is met, then 100% covered \$75 Copay applies until deductible is met, then 100% covered \$85 Copay applies until deductible is met, then 100% covered \$200 Copay applies until deductible is met, then 100% covered \$95 Copay applies until deductible is met, then 100% covered	
Mental Health/Chemical Dependency	0%*	0%*

Summary of Pharmacy Benefits

	Retail 30 Day Supply	Mail Order 90 Day Supply
Prescription Drug Coverage Generic Preferred brand Non-preferred brand Specialty	0%* 0%* 0%* 0%*	0%* 0%* 0%* Not available

Note: Please refer to your Summary Plan Description for actual coverage, limitation, and exclusion provisions.

* After deductible

[^] Vision benefit per plan year includes \$150 for lens and an additional \$150 for contacts if you need both services.



Preventive services

Your health plan covers preventive services at no charge to you. These include routine healthcare screenings and check-ups. Some examples are listed, but please see the link below for a full list of preventive services:

www.healthcare.gov/preventive-care-benefits

Preventive services for adults

- Screenings for blood pressure, cholesterol, depression, diabetes, Hepatitis B and C, Lung cancer
- Counseling for alcohol misuse, STD prevention, tobacco cessation
- Immunizations for Hepatitis A and B, Herpes Zoster, HPV, Influenza, Measles, Meningococcal, Mumps

Preventive services for women

- Screenings for anemia, breast cancer, cervical cancer, chlamydia, gestational diabetes, Osteoporosis
- Folic acid supplements for women who may become pregnant
- Contraception and sterilization procedures

Preventive services for children

- Screenings for blood pressure, depression, hearing, Hepatitis B, HIV, obesity, vision
- Immunizations for Hepatitis A and B, Human Papillomavirus, Influenza, Measles, Rotovirus, Tetanus
- Assessments for alcohol and drug use, behavior, height, weight, body mass and oral health

Connect with us



service@healthez.com
AMTbenefits.com



844-449-5545



7201 West 78th Street
Bloomington, MN 55439